2019 HEALTH AND WELLNESS PROGRAM IMPLEMENTED

Activity	Remarks	Date Held
On-site annual physical exam by		April
MyHealth Clinic		
Employee Emergency	Given upon on-	
Healthcards	boarding	
First Friday Eucharistic		
Celebration		
Birthday Cakes for employees		
Pag-Ibig Orientation on its		June
Programs and Benefits		
Wellness Program: A Learning	In coordination	June
Session on Mental Health	with Maxicare	
Company Re-orientation	In batches	July
Program		
Orientation on:	In batches	September
- Anti-Bastos Law		
 Pag-Ibig Housing Loan 		
and Benefits		
- Dengue Awareness		
Employee Climate Survey		December
Moon Cake Festival		September
Annual Group Christmas Party		December